Forget Me Not Leaflet
Alzheimer’s Society

Who is it for?
This is for carers who are worried about the safety of people who are likely to wander and go missing. It is also for the safety of the missing person. It should be used in conjunction with Dementia Buddies where the location of a person is of concern.

What is it and what is it used for?
It’s a single document that captures important information about a person and where they might be located should they go missing. It may help the Emergency Services find that person more quickly because of the information it contains. It also contains a useful guide of how a search will be organised.

Where can I look to find further information?
www.alzheimers.org.uk
www.lancashire.police.uk

ANOTHER SAFETY IDEA IN YOUR COMMUNITY

Safe Places
The Safe Places scheme is to help vulnerable people when they go out.

Sometimes when we go out things can go wrong. You might have lost your bus pass, missed your bus stop or someone has been unkind to you.

If you need help you might not know who to ask or trust. You might feel scared and alone.

A Safe Place is somewhere you can go to for help if this ever happens.

See our special Safe Places leaflet for more details.

DEMENTIA FRIENDLY ROSENDALE
Contact details:
Brian Topping - DFR Chair
Email: dementia.rossendale@gmail.com
www.dementiafriendlyrossendale.org
On Twitter at: @DementiaRoss
How does it work?

Each product carries a “chip” containing emergency contact information. This “chip” can be accessed through a smartphone that is NFC enabled.

It will simply say **Please help [Name] - Phone [number]**

Not all mobile phones will have the technology to read this “chip” but the underlying safety feature of these products is that all Police equipment will be able to access this contact information.

These are not GPS enabled devices but they will help someone who may recognise they are lost or appear to be distressed or confused.

For carers

There are similar devices available but for the moment, there will be a cost of £5 per device plus postage and packing.

If you live in Rossendale with a BB4 or OL13 postcode and you have a diagnosis of dementia, you can have a device of your choice for free. Any additional devices will cost you £5.

**You can obtain them by contacting:**

Email: help@dementiabuddy.co.uk
Or: www.dementiabuddy.co.uk
Or telephoning 01942 888990

If you are having difficulties then please write to Dementia Friendly Rossendale at

Email: dementia.rossendale@gmail.com

You will have to confirm some personal details but the cost of the device and postage will be covered.

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**Are you worried about a loved one with dementia walking about?**

Many people with dementia feel the urge to walk about and in some cases leave their homes. Walking is not a problem in itself - it can help to relieve stress and boredom and is a good form of exercise. As with all behaviour, walking about can indicate a specific underlying need that the person with dementia has. Understanding what this is and finding a solution could help to maintain the person’s well-being.

When a person with dementia often walks about, it can be worrying for those around them and may at times put the person in danger. It may not be clear why the person is walking about and this is often referred to as ‘wandering’. However, this term is unhelpful because it suggests aimlessness, whereas the walking often does have a purpose. Rather than dismissing it, it is important to think about how the person’s independence, safety and dignity can be preserved.

Dementia Friendly Rossendale produced a leaflet about products and ideas to keep people safe.

Here we are promoting the **Dementia Buddy** products with help from the Rossendale Borough Council and our local Police.

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**What is a Dementia Buddy**

There are 4 Dementia Buddy products as below:

- **Pin Badge**
- **Key Ring**
- **Wrist Band**
- **Bag/Ty Tag**

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**How can I obtain one?**

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**It is possible to live well with dementia**